



# NEWSLETTER

@FulhamGoodNeighbours

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Fulham Good Neighbours, Rosaline Hall, 70 Rosaline Road, SW6 7QT  
020 7385 8850; info@fulhamgoodneighbours.org

President: The Mayor of Hammersmith and Fulham

October 1<sup>st</sup> 2021

## Welcome to our October newsletter

– this Sunday sees Barney and Alice run in the London Marathon.

Between them they have already raised over £2,000 to support our projects. You can try and spot their FGN t-shirts from 8 am on the BBC.

This will be the biggest marathon ever staged with 45,000 on London's streets and 50,000 competing virtually.

Many of you will know Barney as our Gardening project lead. Since 2019 Barney has developed the project, completing over 400 gardening tasks and supporting over 140 Fulham



## October

Mon Exercise at 3 pm; Gardening

Tues Art at 11 am; Gardening

Wed Lunch Club at 1 pm; Art at 3 pm; Decorating & DIY; Gardening

Thurs Reading at 11 am; Exercise at 2 pm & 3 pm; Decorating & DIY; Food to the Door

Fri Decorating & DIY

Sun Sunday Afternoon Tea on alternate Sundays



Barney promoting FGN at the Wimbledon half marathon

residents.

If you are reading online you can sponsor Barney by clicking here and you can sponsor Alice, our fundraising and events volunteer, here. Alternatively you can send a cheque to Rosaline Hall.

campaign video, press release and a London Live television interview. Look out for another article in Urban Village Ldn in October.



We have been fortunate to secure a range of publicity around the event. This includes the LMCT



Alice with Esme at Rosaline Hall



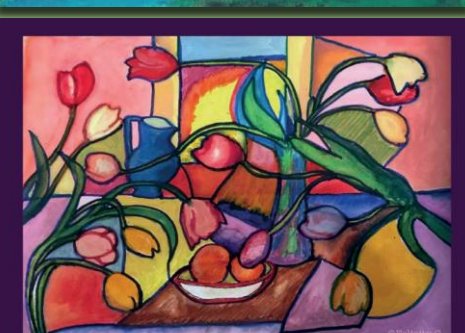


**Fulham**  
Good Neighbours

## Art Group Calendar

- Our Art Group members have been enjoying a return to Rosaline Hall since August. Since we have to limit numbers so to social distance, the session is simultaneously streamed online and available to all. Please be in touch should you want to join.

The Group produced our first FGN Art Group calendar in 2021. 100 copies flew off the Rosaline Hall shelves and this year we are doubling our ambition with a first run of 200! Please be in touch should you want to pre-order



March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5

April 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6	7	8	9	10	11	12

for 2022 – suggested donation of £5, (but we accept more too..., of course)

## Climate Emergency Team and the FGN

response – the LBHF team spoke to the *Lunch Club* in September about their work. You will be able to read more about how FGN is reducing its carbon emissions in our forthcoming annual report. Look out for the launch of our crowdfunding campaign for solar panels at Rosaline Hall coming soon...

## Congratulations Ruth George!

Who has completed all eight modules of the European Computer Driving License over the last year. This is a huge achievement, which has involved a lot of personal study. If you would like to learn how to use internet, email or Zoom but do not have the equipment or internet, please get in touch. We have secured

## Volunteer Corner

– Please see our Volunteer Handbook [here](#) and our Safeguarding policy [here](#). Please check the website for our latest guidance or contact us with any queries. If you are concerned for a beneficiary, please call

**Please note that we ask volunteers to commit to at least one task a month.** This level of support ensures that we can manage the demand for shopping, medication delivery, escorts etc that are requested.

some funding to provide equipment loan, internet and to match you up with a supportive volunteer for six months. You can access the project from the comfort of your own home. Please get in touch if of interest.

## Craft Club

– following on from two talks at the *Lunch Club*, Tom Cook will be starting up a Craft Club on Friday mornings. Tom is kindly donating all that you need to make three of your own greetings cards. Please get in touch if of interest.

To the right, Tom made the international press for his card making exploits. To find out more sign up to Craft Club. Full article can be provided on request!



Tom Cook displays the Christmas card he made on the table at the table, from the front of the club, and the paper...





## 700 margheritas sold by La Pizzica -

Big thanks to Gorby, Gianluca and the team who donate 50p for each margherita sold to FGN. They generously presented us with a cheque for £350 last Friday. Gorby said:

*...thank you for allowing us to support our vicinity with something as simple as pizzas – it's our pleasure and I hope it helps.*

We look forward to continuing this partnership into the future.

La Pizzica is located at 764

and 766 Fulham Road



Co-op - If you are a Co-op member you can select FGN



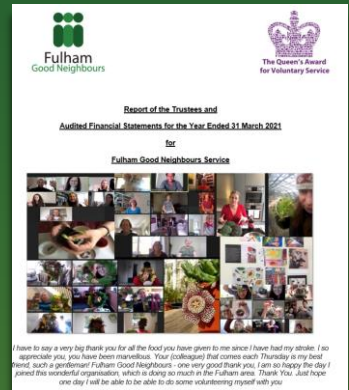
as your chosen charity here. Please promote far and wide and consider becoming a member if you have not yet. In doing so you can support us raise invaluable funds for our

Good Neighbour Scheme. The Local Community Fund closes on 23rd October. If you sign up before the 5th October using the Co-op App or online you will automatically receive a digital offer for £5 off when you spend £15 instore

LBHF Social Care – Michael Law, LBHF is: *keen to expand the cohort of residents who are either willing to be consulted, or indeed actively involved, in the creation or improvement of our services*. You can find out more here

AGM – we will be holding our AGM on November 2nd from 6 pm. Venue/online TBC. Please register your interest with us

if you would like to attend. We will report on our operations and accounts from 2020/21.



Carers Network are recruiting carers for two free online courses, *Caring for Carers* and *Caring for Dementia Carers*. You can sign up here



Safe Space – is a local hub for adults who may be nearing crisis. They offer face to face, telephone and video conference support. You can drop in at 309 Lillie Road, call 0207 471 0582 or email safespacehf@hfehmind.org.uk



Please follow us on social media – links on front page. It really helps us get noticed by those who might want to attend/volunteer/partner or fund.

✉ info@fulhamgoodneighbours.org

🌐 www.fulhamgoodneighbours.org

☎ 020 7385 8850

Rosaline Hall, 70 Rosaline Road SW6 7QT

Registered Charity Nr: 1113752



# Supporters Scheme Form by Standing Order

Please return this completed form to:  
Fulham Good Neighbours  
Rosaline Hall, 70 Rosaline Road, London,  
SW6 7QT



Registered Charity Number 1113752

## Your details

Title	First Name	Surname
Address		
		Postcode
Telephone number	Email	

## Your gift

## Standing Order mandate

To the Manager

Name of your bank *Bank / Building Society*

Address of your bank

Postcode

Account No  Sort Code

Account name

I would like to set up a standing order for  £5  Other  £

To be paid  Monthly  starting with the first payment on  /  /

and thereafter until further notice. Please quote reference: SUPPORTERS SCHEME

Please pay the above amount to: CAF Bank, 25 Kings Hill Avenue, Kings Hill,  
West Malling, ME19 4JQ  
Account No: 00014669 Sort Code: 40-52-40

Signature  Date

## Gift Aid Declaration

Gift Aid is tax relief on money donated to UK charities by people who are UK taxpayers

Please increase the value of your donation by 25% by completing this Gift Aid Declaration.

I understand that I must pay an amount of Income Tax and/or Capital Gains Tax in the tax year, at least equal to the amount of tax that all the charities and CASCs I donate to, will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify and the charity will reclaim 25p of tax on every £1 that I have given.

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**Thank you** Fulham Good Neighbours does not share your details with any third parties